



# Adult Family Care

Real Help from Real Experts.  
Real Fast.



## Seeing your parents struggle, or a sudden accident can turn you into a family caregiver.

You're not alone - 55 million Americans share this role.

You want to provide your loved ones with the best care you can. In this new role, you may feel overwhelmed and hardly know where to start. Concern is here to help.

Concern's Adult Family Care Resources are about getting the right help and information to manage day-to-day challenges and enable aging parents to stay active and independent for as long as possible.



“My mom was having a hard time staying at home alone. Since I can't be there 24/7, I reached out to Concern to determine the best services for her, now and down the line. They quickly helped me find just the right professionals to work with.”



Call our toll free number and ask to be connected to an Adult Care consultant.

Call **800.344.4222** or visit [employees.concernhealth.com](http://employees.concernhealth.com)

### Get Expert Help with:

**Assessing Your Needs:** We engage each caregiver in an initial evaluation to determine the most pressing adult care needs, and together we set caregiver priorities

**Ongoing Support:** You'll receive confidential support and follow up

**Education:** Learn more about aging conditions like Alzheimer's and others

**Referrals:** Our consultants can refer you to information and pre-screened local and national services, like:

- Medicare and state-specific program education
- Assisted living, residential, skilled nursing, and adult daycare options
- Meals on Wheels
- Community support groups
- Home health services options
- Adult care attorneys

